



Adventurebug Worldwide Ltd

Bespoke adventure travel & events since 2000

REAT Tourism License AT/MA/00022 Company Registration B93050763
Apto. Correos 1031, 29680 Estepona, Malaga, SPAIN TEL (34) 635 817 819

SPAIN

Andalucia Trekking Charity Challenge



Event Description

Adventurebug has led charity excursions and events worldwide for over 20 years. We offer our own brand of unique challenge programs for your corporate charity group needs. On this event there can be 3 or 4 challenging trekking days and an optional Multi Activity Team Building Event. We offer this day as a 'value added' concept for

those teams seeking something different and group oriented within the same expedition.

The *Treks* are conducted in a linear pattern (village to village) following the famous Bandit regions of the Rio Guadiaro valley and the Grazalema National Park Mountain ranges of Southern Spain. The concept of this route is travelling virtually from sea level to the basin of Ronda's Sierra de las Nieves mountain range. All walks are spectacular for their views, wildlife and beautiful terrain.



Accommodation is in village hotels, hostals or purpose made 'Albergue' mountain refuges that have shared rooms of up to 10 bunks (average 4-6), and shared facilities. There are separate rooms and bathrooms for men / women. The mountain hostals are excellent for this style of excursion and provide plenty of 'roughing it' without too many inconveniences. On some occasions we provide a tent camp with basic facilities – adding to the 'challenge' aspect of the event.

Meals are comprised of picnics on route whereby all participants help to carry the food, dinners are simple yet nourishing in both the mountain hostals and local restaurants. Breakfasts are supplied by the albergues as well.



Our optional **Multi activity team-building day** is held directly from our final base in Benaolan. We will carry out activities such as Abseiling, Climbing, Raft Building and a special 'survival challenge' game designed exclusively by Adventurebug for its corporate group programs. Other small team building challenges will also be presented on this day. The Multi Activity Day is held on Day 3 (after 2 days of trekking), and before the final trekking day.



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Transport and **Vehicle Support** for the program is in the form of a private coach shuttle and our own 4x4 services. The coach takes the group to the start point and from Ronda back to Gibraltar. Our 4x4 support vehicle is used to shuttle baggage daily and act as a remote emergency vehicle.



The Terrain

The mountain parks of Spain's Andalucia contain some of the most diverse flora and fauna in all of Europe. Contrary to the media's portrayal of Spain, this region of natural beauty and minimal population is a stark contrast to the hectic and overdeveloped Spanish coastline.

These mountain parks of Andalucia receive tremendous protection and conservation and in order for us to carry out these activities, we must be licensed (and) receive official permission to conduct such events. Located only 45 minutes from Gibraltar and about 1.5 hours from Malaga we find our starting point, El Colmenar, in the heart of the Alcornocales Natural Park – the largest natural forest remaining in the entire Mediterranean. From here we make a steady ascent to the plateau of Ronda, located 1 hour inland from the coastline and nestled between the Sierra de Las Nieves and Grazalema park lands.

Overall, this is an area of unprecedented beauty. It is green, mountainous and contains running rivers. The only urban development is the small agricultural towns (white villages) that dot the countryside. Industry here consists of harvesting chestnut, cherries, fruit trees, Iberian pigs and some olive.

ITINERARY

We have designed your itinerary to reflect our experience working with both Charities and Corporate groups. We understand that fundraisers expect a certain degree of challenge but not to an extreme level.

Therefore, all our hikes are designed to push people to limits within their own personal boundaries. We take into account the certain anxieties along route and accommodate those needing support the best we can. In the end, one way or another, we get everybody through!



Day 1 El Colmenar to Cortes de la Frontera Village

- **8 am shuttle** (1 hour) from Malaga or Gibraltar to Estacion Gaucin/El Colmenar
- **Day 1 trek from El Colmenar to Cortes de la Frontera:**
This is an adventurous walk of moderate difficulty whereby we pass next to a massive gorge, hop back and forth over rivers, go through a small, low cave and cross an old bridge in the rugged mountains. A truly rewarding day and even a small hamlet en route for a cold drink stop before the end. Most of this walk is in the pristine Alcornocales National Park, one of the most important biospheres in the entire Mediterranean region. Total Distance: Approximately 18 km
- Accommodation in Cortes de la Frontera's Albergue Interjoven with dorm rooms set in a quiet cork forest.
- Dinner in the Hostal this evening



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Day 2 Cortes to Montejaque Village

- Breakfast in Albergue Hostal
- **Day 2 trek from Cortes over the infamous Bandit location of the Libar Valley:**

A truly spectacular day and a favourite among our corporate and charity groups (many have come back to do this walk!). This high mountain day takes us into the heart of Grazalema National Park over 2500 year old Phoenician cobbles and Roman Centurion roads. Level of difficulty is challenging (long) with a Total Distance of approximately 26 km. Picnic lunch and snacks on route. Accommodation in Montejaque's village hotel and dinner in a local restaurant.

Day 3 Adventure Multi Activity Day OR Montejaque to Ronda City

- Breakfast in Hotel
- **Optional Multi Activity Day or 3rd day trekking challenge:**
 - A. **Multi Activity Day** - For our activities today, we carry out all events right in the zone of our hostel. **TEAM BUILDING EVENTS** will be Raft Building, Survival Challenges and a circuit of Abseil, Rock Climbing and Archery challenges. Picnic lunch back at base. Same accommodation in Montejaque / dinner at local restaurant.
 - B. **3rd Day of Trekking** - Today the group makes a challenging and beautiful route from Montejaque village and into more of Grazalema National Park. We cross some amazing geological formations and cork forests before arriving to a lovely plateau. This route is circular so we return back to the same hotel / village – alternatively we can put in a tent camp in the mountains! Today's trek is approximately 18 km.

Day 4 Final Trek to Ronda

- Breakfast at Hotel
- **Final Group Trek to Ronda:**

This final walking day is through beautiful mountain and open landscape terrains. We pass a cave site and then ascend a mountainside to pick up cobbled Roman Road. The final ascent into Ronda is both scenic and historical as we make the final climb up to Ronda's old quarter. A truly spectacular finish! The route is moderate in difficulty and the distance approximately 15km.
- Picnic lunch on route
- Upon arrival to Ronda, group can be transferred back to the coast (Malaga for example, or Gibraltar), to complete the event – or hold their final night and farewell dinner in Ronda. Hotel options can include a nice 4 star property with incredible views, with or without a pool.



For our final night, we hold a celebration dinner with team games and novelty awards!

Day 5 DEPARTURE

- Breakfast at Hotel
- Group transfer to your desired location (Malaga airport, Coast, etc)



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Airport Transfer and Return Flight

For those wishing to stay on in Andalucia, we can extend your hotel reservation and / or provide onward tour options (see below). Please consult.

The return transfer from hotel to Marrakech airport applies to the GROUP departure. So if group departs on Day 6 as per above itinerary, the transfer is included in our price. For those wishing to extend their stay outside of the group travel arrangements – a separate transfer fee is indicated below.

Inclusions

- 3 to 4 nights accommodation
- All meals from dinner arrival night to breakfast final morning
- Mineral water and energy snacks – unlimited supply daily
- Experienced walking leaders / First Aid trained and qualified
- Medic or doctor / nurse support person enlisted if requested by charity
- 1 driver (daily and 4x4 back up vehicle)
- Return transport to/from Airport or you hotel and all local shuttles
- Celebration dinner final night
- All logistics and excellent guiding and leadership
- Safety Protocol, Emergency Plan & Risk Assessment Design
- Insurance (Civil Responsibility & Accident Assistance per person)
- Adventurebug administration fees & permits from local authorities
- Police and local city permissions for group events
- All local taxes, VAT and ground team service fees **included**
- *If requested, we include expenses for your charity manager and an Expedition Doctor (x 1) in twin share or single options.

NON Inclusions

- Personal health and travel insurance
- Transfers outside of the stated times above
- Alcohol or other beverages at meals. Only bottled mineral water is included at all meals – with exception of tea, coffee and juices during breakfasts.
- Energy gels or drinks, supplements

PROGRAM ADDITIONS / ADD ONS

Should time be permitted or available, an extension of this trip could include the following:

- Flamenco performance final night
- Special hotel with pool (final night)
- Guided cave visit of Palaeolithic paintings
- Wine tour and vineyard visit
- Camino del Rey Adventure Walk on suspended bridges
- Additional excursions, tours to other regions (Seville, Coast, etc)