



# Adventurebug Worldwide Ltd

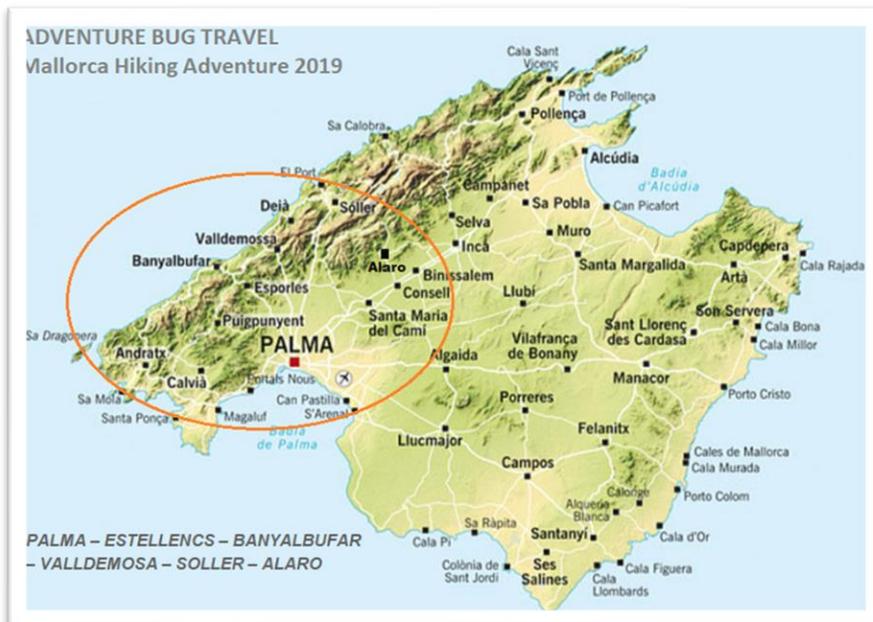
Bespoke adventure travel & events since 2000

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Apto. Correos 1031, 29680 Estepona, Malaga, SPAIN TEL (34) 635 817 819

## SPAIN - Mallorca Island

### Essential Caminos & Coastlines / 8 nights

\*PALMA (2 nights) – ESTELLENCES (1 night) – BANYALBUFAR (1 night) – VALLDEMOSA (1 night) – SOLLER (2 nights) – ALARO (1 night)



#### INTRODUCTION

Hiking in Mallorca is simply delightful. Considered the star of the Mediterranean, Mallorca has vast amounts of all things Spanish – superb mountain scenery, charming hill top villages, azure vistas, world class beaches, top notch wines and an old world gastronomy that is to die for! Add in wonderful day hikes through a bouquet of Mediterranean flora and lose yourself in the vastness of the Tramuntana Mountains – this

is a transformational journey for the discerned traveller. Adventurebug invites you to join our unique hiking tour to this world class destination. Expect day hikes not exceeding 6-8 miles and opportunities to explore the islands rich cultural heritage, its wonderful gastronomy and beautiful physical landscapes. This tour is designed for light to moderate hikers that are seeking a balanced holiday of hikes with sightseeing. *Bienvenido a Mallorca!*

#### Day 1 - Arrival day / Palma La Mallorca

Today you are free to arrive to Palma, Mallorca's pleasant capital and make your way to our group hotel. Options for reaching the hotel from the airport are by taxi (20 minutes / approximately 25 euros per 4 person taxi) or by shuttle bus (30 minutes / approximately 5 euros per person to city centre location). If you arrive early, a great option to beat jet lag is the Hop On / Hop Off city bus tour or simply relax around the hotel pool! This evening you'll meet your guide for a trip orientation and enjoy a welcome dinner at the hotel.

Hotel: *Palau Sa Font 4\* with pool (or similar) / Welcome Dinner included.*





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## Day 2 - Palma La Mallorca Exploration Day

Today is a guided exploration on foot of Palma – offering us the chance to walk off jet lag and see the best of Mallorca’s cultural highlights. Part of today’s walking tour will be with a local city guide who will impart his/her experiences of Mallorcan life! Expect to be on your feet for most of the morning – leading up to lunch. The afternoon you are free to self-explore some museums or even take a boat excursion or visit the nearby beaches before we head out tomorrow on our adventures. Hotel: *Same as above* / Breakfast only included.

## Day 3 – Introductory Hike of West Mallorca - Es Capdella to Estellencs

After breakfast this morning we transfer 17 miles to the village of *Es Capdella*, a once Roman and Moorish settlement nestled in the Tramutana Mountains – A UNESCO World Heritage Site. Here our first walk begins gently enough as it passes the *Finca Galatzo* (a historic estate house well worth a visit) and then ascends to the *Galatxo Valley*, for wonderful views of the Mediterranean Sea. From here we descend to *Estellencs* to complete our day in this precious tiny hamlet located near the sea.

Hotel: *Hotel Maristel 4\* with pool (or similar)* / Breakfast, Picnic Lunch & Dinner included.

Hike rating: Medium / 4-5 hours / 8 miles / 2000 feet elevation gain



## Day 4 - Estellencs to Banyalbufar

Today we hike the rural Tramutana Mountains and explore the *Font de s’Obi* and the *Planicia Estate* before descending to one of the island’s most picturesque towns, *Banyalbufar* – Mallorca’s prized vineyard region famous for the Malvasian grape variety growing over terraces dating back thousands of years. You can enjoy the rest of the afternoon exploring the village and tasting Banyalbufar’s special wines and local tapas delights. Hotel: *Can Busquets Hotel de Interior 3\* (or similar)* / Breakfast & Picnic Lunch included.

Hike Rating: Easy-Medium / 3.5 to 4 hours / 6 miles / 1500 feet elevation gain



## Day 5 - Banyalbufar to Esporles & Valldemossa

A steep climb up from *Banyalbufar* over its ancient terraces connects us to a pleasant forested path, the ‘*Cami des Correu*’ (The Postman’s Path), all the way to *Esporles*. Near the end we reach *La Granja* Museum and restaurant where we can make a visit. From *Esporles* village we have a 7 mile bus transfer to *Valldemossa*, where a famous monastery and perhaps the homes of Chopin and George Sand can be visited later in the afternoon. *Valldemossa* is a strikingly beautiful medieval town of 2000 residents set in the foreground of lush olive and oak forests and dramatic Tramutana mountain scenery.

Hotel: TBA / Breakfast & Picnic Lunch included.

Hike Rating: Easy-Medium / 3 hours / 5 miles / 1150 feet elevation gain



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## Day 6 - Valldemossa to Soller

Today we make our way to *Soller* in the valley of Oro (Gold). Famous for its rich history of orange groves and culinary delights, *Soller*, with 14,000 residents is a beautiful cultural destination. Today we can follow the Archduke's trail perched high atop a ridge, or we may customize the hike to suit our needs - making our way to *Deia*, a picturesque village, once home to Robert Graves and a spectacular coastline. We'll have 2 nights in *Soller* and plenty of time to explore this wonderful region of the Tramutana range.

Hotel: *Hotel El Guia 4\* with pool (or similar) / Breakfast, Picnic Lunch & Dinner included.*

Hike Rating: Easy-Medium / 3.5 to 4 hours / 6 miles / TBA feet elevation gain (\*pending final route chosen)



## Day 7 – Soller Optional Morning Hike and Tram Car Excursion

Today we'll explore the valley of *Soller* by taking an optional morning hike followed by an afternoon excursion by tram car to *Port Soller* where we are afforded with a wonderful coastline and self exploration options. The famous Soller Tram to the Port town dates back to 1913 and was used to transport fresh fish, coal, oranges and produce between Palma and to barges heading to mainland Spain and France. A wonderful experience and a great way to see the dramatic countryside during this short return journey by tram. In Port Soller, one could lounge on the beaches, swim in the crystal clear waters or stroll through the port and fish markets.

Hotel: *Same as above / Breakfast only included.*

Hike Rating: Easy / 2 hours / 3 miles / TBA feet elevation gain



## Day 8 – Soller to Alaro

This morning we have a private bus transfer (45 min), towards *Alaro* – an interior village of 5000 residents and famous for leather footwear and a charming rural atmosphere in beautiful natural surroundings. Today's hike is in the region of *Alaro*, taking in

perhaps the Castell D' Alaro (*Alaro Castle*) and a descent to the village itself through glorious pastures, woodlands and diverse Mediterranean vegetation. Our final night in Mallorca will be spent in this wonderful community and a farewell celebratory dinner is provided.

Hotel: *Hotel Can Xim 3\* / Breakfast, Picnic Lunch & Farewell Dinner included.*

Hike Rating: Easy-Medium / 3.5 to 4 hours / approx. 6 miles / 750 feet elevation gain

## Day 9 - Departure (Alaro to Palma transfer)

After breakfast a group transfer to Palma Airport is included and you may also extend your stay on the island. Please note, the group transfer provided is based on the earliest departure. Breakfast included.



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## ABOUT YOUR TOUR, WE INCLUDE:

**Lodgings** – We provide 8 tour nights' in good quality hotels located in specially selected regions. Rooms are based on double sharing with limited single supplements available. All hotels have WIFI connections and some have swimming pools.

**Meals** – Please refer to the itinerary above as to what meals are included. Meals are generally taken within the hotel or in walking distance. For lunches, we often carry picnics on the trail. Mallorcan food is very healthy and cooked well with plenty of flavor. Vegetarian needs can be met however specialist's diets such as gluten free, vegan, etc. may be difficult to manage in some remote areas. Normally dinners are served in 3 courses and a drink of your choice (wine, beer, soft drink, etc. is included).

**Transport** – During the tour days, we have a private airconditioned mini bus for our use – and at times we rely on local bus services and authorized taxis for some transfers. Arrival transfers to the hotel on day 1 are not included however a group transfer back to the airport on the final day is provided.

**Personal Money** - Outside of the meals not included in your tour price, you will need to have Euros and these can be obtainable from ATM machines. Travelers cheques are no longer valid in most of Europe. Paying small amount purchases with credit card is not always accepted.

## TELEPHONE AND INTERNET SERVICES IN MALLORCA

Credit Cards may be used for International calls or a Spanish or European SIM Card can be purchased for a certain value. INTERNET WIFI is available in all hotels - including cafes throughout the region. Please note, hotel wifi connection always in the common areas but not always guaranteed in rooms and power outages and people's posting of photos may impact connectivity and internet reliability.

## INSURANCE

Please ensure, as a condition of travelling with Adventurebug that you have taken out personal travel insurance which covers you for accident, injury, evacuation and general health insurance for travel in Europe. Adventure bug is a licensed operator of Adventure Travel and thereby has necessary permits and Third Party Public Liability cover but we do not cover personal accident, health and travel insurance for our participants. Good private medical facilities can be found in the regions of travel on this trip.

## TIPPING

Tipping in the Beleric Islands is important for the local people but the expectation is much lower than in the USA. Generally tipping is 10% minimum on food and drink. In your holiday price, tipping for meals and transport services (buses, etc) is included. Tips for any porter services and housekeeping are not included.

## CONTACT NUMBERS:

**Adventurebug Worldwide is your specialist operator for this tour. Contact numbers are as follows:**

<b>Adventurebug 24 contact (mobile / cell)</b>	+34 635 817 819
<b>Adventurebug Office contact</b>	+34 952 894 308
<b>Adventurebug Office EMAIL</b>	<a href="mailto:info@adventurebug.com">info@adventurebug.com</a>
<b>GUIDE – Matt Butler</b>	+34 635 817 819



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### GENERAL INFORMATION ABOUT MALLORCAN TRAVEL

Mallorca poses no great dangers in terms of risks to health. No vaccinations are required for visits to the Balearic Islands. We recommend you carry all your prescriptions from home and don't always expect to find the same items in a local pharmacy. Also include an extra pair of glasses.

Protection from the sun and dangerous UV rays is critical in Mallorca. Swimming in the sea is generally safe with the exception of stormy days and strong sea currents. Jelly fish are an issue in the summer months mostly. Spiny sea urchins can be problematic underfoot! Generally crime is low in Mallorca but as always be vigilant of pick pockets in the tourist areas of Palma. **Electricity** is based on 240 Volts and a standard central European plug is necessary.

