



## Adventurebug Worldwide Ltd

Bespoke adventure travel & events since 2000

REAT Tourism License AT/MA/00022 Company Registration B93050763  
Apto. Correos 1031, 29680 Estepona, Malaga, SPAIN TEL (34) 635 817 819

# CANADA

## Rocky Mountain Charity Hike

7 night / 8 Day Challenge Expedition

### DISCOVER Canada's Rocky Mountains and benefit your Charity!

The Canadian Rockies is one of the world's most inspiring natural landscapes. The scope of experiences here is vast. Opportunities to spot wildlife, interact with nature, witness the changing of seasons and become familiar with the gentle, open-doored Canadian people is best experienced here in the Rocky Mountain National Parks.

This trekking challenge aims to bring your fund-raising team into the heart of the Rockies, selecting a combination of stunning routes with unique lodgings that are purposely designed for trekking groups. Additionally, your team of guides and drivers guarantee a well-rounded experience by offering 'interpretive' presentations and on-going insight about the area – both in natural, cultural and human history.

Adventurebug travels the world, leading expeditions but our home roots are the Canadian Rockies. You are guaranteed the maximum quality of experience and safety ratio for this very reason!



### What to Expect

Daily treks of up to 8 hours in rugged Canadian Rockies landscapes. The footpaths are superb and groomed by the national park although they can be muddy at times, lightly covered in snow and of course, mountainous! This is the Rockies, and we can experience all 4 seasons in a single week.

The routes chosen are superb and capture the greatest selection of scenic walks within a radius that eliminates long shuttles. We understand that this is a 'once in a lifetime' experience for your team and as Canadian Rocky specialists, we have selected what we feel are the prime locations and

routes.

Accommodation ranges from dorm share hostels where famous mountaineers, ski champions and adventurers worldwide have sought rest, to our final few nights in a cozy Banff townsite hotel. All hostels are 'group oriented' meaning they are set up for activity groups and trekkers – one even has a wilderness sauna! Hostel locations are in natural settings with wildlife around and stunning views from terraces. Meals provided are nourishing and plentiful – perfect for this style of challenge. As a bonus, where possible, your guiding team will present interpretive and informative discussions and presentations on local history, flora and fauna and local folklore.

All in all, your group will find this challenge to be a 100% uniquely Canadian experience. From trapper's tales to lumberjack folklore and surreal encounters with wildlife, this expedition promises to be an unforgettable experience!



# Adventurebug Worldwide Ltd

Bespoke adventure travel & events since 2000

REAT Tourism License AT/MA/00022 Company Registration B93050763  
Apto. Correos 1031, 29680 Estepona, Malaga, SPAIN TEL (34) 635 817 819

## ITINERARY



### Day 1 TRAVEL TO CALGARY, ALBERTA

Upon arrival to Calgary International Airport, you'll be greeted by our Canadian trip guides followed by a private coach shuttle direct to the Canadian Rockies (1 hr 20 min). Our base for the next 2 nights is the famous Alpine Club of Canada Lodge in Canmore, Alberta. Canmore is the gateway to the Rockies and has some of the most striking mountain

landscapes in all of the region. It's also a laid-back mountain town with welcoming folk who love their mountain playground! The Alpine Club of Canada guest house, a historic icon in itself, is based in Canmore and we have the opportunity to utilize the club house and lodge for the introduction to our Rockies's Experience. (dorm share / dinner included)

### Day 2 TREK DAY 1 – CANMORE'S COUGER CREEK AND BOW RIVER VALLEY TREK

Today our warm up trek – directly from our Alpine Club Lodge takes us through beautiful forested paths climbing up the Cougar Creek for some ways before descending to Canmore village and the Bow River where opportunities to spot elk, moose, bear, bird life, etc are bountiful. This route combines trekking in the rugged foothills of the Rockies with a visit to an authentic mountain village. All in all, a full day's walk (6 hours) but at a lower elevation and an easier grade than the days to come. A perfect balance to the start of a week of trekking in the Rockies! (Accommodation at Alpine Club Lodge / dorm share / Breakfast, Lunch (picnic), Dinner included). Private mini bus shuttle arranged to bring group back to lodge from town center after walk. Distance approximately 12-15km / level: easy to moderate (warm up walk but FULL DAY) **For more info on Canmore, please visit:** <http://www.canmorealberta.com/>



### Day 3 TREK DAY 3 - MORaine LAKE (Sentinal Pass Circuit)

Today we transfer from our Canmore base (116 km) to the trail head of Moraine Lake in the Lake Louise vicinity of Banff National Park. This stunning area (home of the 20 dollar bill view), offers some of the finest walks in all of region with snow capped peaks and remote mountain passes. We aim to do the Sentinal Pass ascent (a linear route) which is a classic in the Rockies. Distance approximately 12 km / level: Challenging (highest altitude of week at 2611 m..)



# Adventurebug Worldwide Ltd

Bespoke adventure travel & events since 2000

REAT Tourism License AT/MA/00022 Company Registration B93050763  
Apto. Correos 1031, 29680 Estepona, Malaga, SPAIN TEL (34) 635 817 819



(Accommodation at the Lake Louise Alpine Hostel / dorm share / Breakfast, Lunch (picnic), Dinner included). Transport required today to arrive at trailhead and return to hostel.

**To see the Trekking Routes of Lake Louise and Moraine lake, please visit:**

[http://www.pc.gc.ca/pn-np/ab/banff/activ/activ1c\\_E.asp](http://www.pc.gc.ca/pn-np/ab/banff/activ/activ1c_E.asp)

## Day 4 TREK DAY 2 – LAKE LOUISE, Banff National Park (Lake and Mountain Circuit)

Our circuit today takes in amazing views of Lake Louise itself, climbing high into the Alpine where wildflowers are abundant and vistas of the surrounding peaks and glaciers (including Mount Victoria), sweep us off our feet! There are few places on earth this magical and our expert guide's will answer all your queries on the historical and natural aspects of this region. This trek is another classic in the Rockies and a morning shuttle takes us to the lake itself (4 km), and finish by descending on foot back to the hostel.

Distance approximately 18km / level: moderate to challenging. (Accommodation at the Lake Louise Alpine Hostel / dorm share / Breakfast, Lunch (picnic), Dinner included). Transport required today to arrive at trailhead but trek finishes at Hostel.

**For a view of Banff National Park's map, please**

**visit:** [http://www.pc.gc.ca/pn-np/ab/banff/visit/visit1cc\\_E.asp](http://www.pc.gc.ca/pn-np/ab/banff/visit/visit1cc_E.asp)



## Day 5 TREK DAY 4 – ICEFIELDS PARKWAY WALK / WILCOX PASS

Today we journey north 1 1/4 hours along the famous Icefield Parkway – a stretch of glaciated park land between Banff and Jasper. Our walking route today, Wilcox Pass is considered one of the mountain park's best alpine treks. Today we take in some of the most extraordinary views of the entire week. From our vantage point we look upon both the Athabasca Glacier and the



## Adventurebug Worldwide Ltd

Bespoke adventure travel & events since 2000

REAT Tourism License AT/MA/00022 Company Registration B93050763  
Apto. Correos 1031, 29680 Estepona, Malaga, SPAIN TEL (34) 635 817 819

Columbia Icefield itself, the continental divide. With luck we will see mountaineers on the high faces of Andromeda - a real Mecca for the alpine climbing community. Distance approximately 12km minimum / level: moderate to challenging. (2<sup>nd</sup> highest altitude of week).

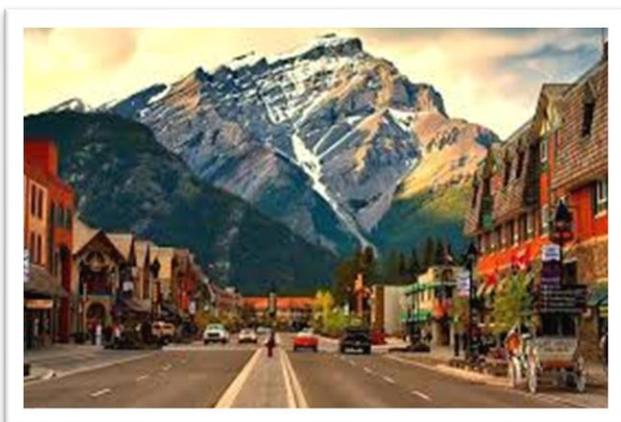


*(Accommodation at the Athabasca Falls Wilderness Hostel / dorm share / Breakfast, Lunch (picnic), Dinner included). This hostel is minutes walking from the beautiful Athabasca Falls. It is set in a forest and although rustic in a sense, the common room and kitchen area gives it a sense of Canadian Wilderness Celebration. Transport required today to arrive at trailhead and then onwards (1 hour) to the hostel after the trek. To see information on this small wilderness lodge, please visit: <http://www.hihostels.ca/westerncanada/1519/HI->*

[Athabasca Falls.hostel](http://www.hihostels.ca/westerncanada/1519/HI-)

### Day 6 TREK DAY – JASPER NATIONAL PARK WALK / WABASSO & 5 LAKE CIRCUIT

This morning we have a 20 minute transfer to the trail head and then a final full day of trekking in the heart of Jasper National Park. Traditionally known as the park to spot wildlife, we will do our best to capture glimpses of Canada's big game on this final trek! This walk is in the heart of beaver and bear country – offering views of Mt. Edith Cavell. After our walk we have a transfer back to Banff town where we spend our final two nights in comfort. Transfer time back to Banff approximately 2.5 hours. A short visit to the Icefield Interpretive Center will be arranged on this shuttle. Distance approximately 12 km / level: moderate.



*(Accommodation for final 2 nights in Banff / Hotel – twin share / Breakfast, Lunch (picnic), Dinner included). This hotel is centrally located in Banff town, close to shops, bars and restaurants.*

*To see information about Banff, please visit: [www.banff.co m](http://www.banff.co m)*



# Adventurebug Worldwide Ltd

Bespoke adventure travel & events since 2000

REAT Tourism License AT/MA/00022 Company Registration B93050763  
Apto. Correos 1031, 29680 Estepona, Malaga, SPAIN TEL (34) 635 817 819



## Day 7 REST DAY / BANFF VISIT

Today the group is free to explore the bustling tourist town of Banff. A visit to the Upper Hot Springs can be organized for the afternoon while the remainder of time one may visit the souvenir shops, visitor & interpretive centers or sit along the Bow River one last time to enjoy the peace and serenity of this beautiful National Park. Additional excursions and options can be arranged to such as the Gondola tour, white water

rafting, horseback touring, and more.

*(Accommodation in Banff town / Hotel – twin share / same as last night / Breakfast and dinner included only). Final GALA DINNER arranged in central Banff at authentic Canadian venue!*

## Day 8 RETURN TO CALGARY / DEPARTURE

This morning, pending final flight time from Calgary, participants can have a final wander around Banff town site or walk the forested paths of the municipality before our transfer to Calgary (2 hours), for the homebound flight or you may wish to carry on with further explorations in the region! (Breakfast included)



## PROGRAM COSTS & INCLUSIONS

**(NOTE – PRICES DEPENDENT ON YOUR DATE OF TRAVEL / SEASON)**

### PRICE PER PERSON

\*Please consult with number of participants minimum & maximum, charity representatives & personal

### INCLUSIONS

*Land costs only / flights not included*

- 7 nights accommodation (5 nights dorm share mountain hostel / 2 nights twin share hotel)
- All meals from dinner arrival day to breakfast departure day – with exception of 1 lunch – meals include water only with tea / coffee included.
- All lunches and 2 breakfasts are provided by the Leadership team – all other meals are catered for.
- Alcohol (portion of wine or beer) at Gala Dinner
- All ground transport by coach (private) including return airport transfers and daily shuttles
- Guiding services of Matt Butler and 2 assistant guides
- Interpretive program and presentation on National Parks (when requested)
- Licenses and Daily Park permits (10\$ per person / day)
- Taxes, Tips and service fees



# Adventurebug Worldwide Ltd

Bespoke adventure travel & events since 2000

REAT Tourism License AT/MA/00022 Company Registration B93050763  
Apto. Correos 1031, 29680 Estepona, Malaga, SPAIN TEL (34) 635 817 819

## ADDITIONS & NON INCLUSIONS

- Trips to Hot Springs, Gondola Tour, Rafting, etc. priced separately from this program, please request.
- Alcohol / extra beverages
- Private transfers, taxis, etc.
- Telephone calls, communication expenses



## ABOUT ADVENTUREBUG WORLDWIDE LTD.

*Matt Butler, founder and director of Adventurebug Worldwide organizes and leads expeditions for charities, companies, international schools and private groups on a broad level. Canadian born and educated as a guide and secondary teacher, Matt has 9 years of experience working in ranger related work with Canada's Provincial and National Park services before establishing Adventurebug in Southern Spain. Matt's experience as a guide and Interpreter in Canada's mountain parks was formed from his 5 seasons of work as interpreter at the Columbia Icefield Center between Banff and Jasper parks. He is happy to share his love of the parks and 'bear' stories with all in his company!*

*Adventurebug is a fully licensed and insured Company of Active Tourism in Spain. Our registered company number is AT/MA/00022. Our tax number is X2696352Q (Mathew Butler / Adventurebug). To learn more about Adventurebug, please visit: [www.adventurebug.com](http://www.adventurebug.com)*

## ADVENTUREBUG ANDALUCIA

No. NIF. X2696352-Q

Lic. No. REAT AT/MA/00022

Apartado Correos, 1031, 29680, Estepona, Malaga, Spain

Tel/Fax: 34 952 894 308 Mobile: 635 817 819

[www.adventurebug.com](http://www.adventurebug.com) [info@adventurebug.com](mailto:info@adventurebug.com)