



Adventurebug Worldwide Ltd

Bespoke adventure travel & events since 2000

REAT Tourism License AT/MA/00022 Company Registration B93050763
Apto. Correos 1031, 29680 Estepona, Malaga, SPAIN TEL (34) 635 817 819



5 Day Tarifa Trek & Watersport Excursion

Adventurebug offers logistic and guiding services for our Tarifa based excursions. The aim is to satisfy both PE, Geography & Environmental Sciences Department requirements – while at the same time, offer a fun, active excursion to a wonderful location. We look after all logistics so that the teachers and pupils can make the most of our activity program! This trip is perfect for Duke of Edinburgh or International Award /

Trekking Challenge trips as we have all the resources for these day hikes. All tents and equipment provided by Adventurebug if necessary.

Day 1 Monday

0930 Departure from SCHOOL (bus company supplied by Adventurebug)

Travel to Tarifa / meet your Adventurebug Guide at TUMARES Tarifa

Whale watching for 1.5 hours

Followed by group activity food shopping in Mercadona (for schools who will prepare own lunches)

When finished, travel to Camping Paloma / tent set up / pool swimming / free time (note – if weather is poor for whale watching today, we can use Friday as alternative)

Evening program – students and teachers can review the hiking routes / navigation skills and prepare for the 2 hiking days.

*Meals (lunch and dinner) (self prepared in the 2 x large teacher cabins)

*Students in 2 person share tents / 3 staff in 2 cabins next to tent area

Day 2 Tuesday

Breakfast

(prepared by students using cabins if necessary).

Trekking Program (to/from Camping Paloma – Alcornocales National Park route). Adventurebug guide and 8 passenger mini bus vehicle available for trailhead transfers.

*Meals (self prepared in cabins)

*No bus service scheduled today but use of School (if required) and Adventurebug minibuses (16 seats total)



Day 3 Wednesday

Breakfast (prepared by students using cabins if necessary).

Trekking Program (to/from Camping Paloma – Alcornocales National Park route), routes TBA. Adventurebug guide and 8 passenger mini bus vehicle available for any trailhead transfers.

*Meals (self prepared in cabins)

*No bus service scheduled today but use of SCHOOL (if required) and Adventurebug minibuses (16 seats total)



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Day 4 Thursday

Breakfast (prepared by students using cabins if necessary). Walk to Spin Out (Tangana Chiringuito) for Multi Adventure Beach Program (*windsurf & paddlesurf program). 2 groups can rotate between these activities. We recommend you bring football and cones from School. Lunch you can bring and eat or purchase from Tangana Chiringuito. Walk back to Camping Paloma – prepare for Tarifa visit / dinner. Bus provided by Adventurebug to bring group to / from Camping Paloma and Tarifa for dinner / visit. Bus timings 1600 collection – 2200 return.

**Today's Meals (self prepared in cabins & dinner booked by SCHOOL staff in Tarifa)*

Day 5 Friday

Breakfast (prepared by students using cabins if necessary).

Tidy camp and check out of cabins in morning before departure.

Free beach time / no scheduled activities by Adventurebug this day except the optional visit to Bolonia's beach / dunes & the Roman Ruins (entrances arranged by Adventurebug)

Afternoon return to SCHOOL (return time decided by SCHOOL teacher team)

**Bus transfers included today*

**Note – today can be the 'make up' day for whale watching if weather conditions favour this*



EXCURSION PRICING

Participants: 25 minimum / 4 SCHOOL staff (plus 1 x Adventurebug Coordinator for Mon-Wed)

Price: Min 25 pax FROM 215 euros (IVA inc)

Tent Deposit: 100 euros

Inclusions:

4 nights (twin) tent share accommodation (2 person tents provided) Camping Paloma, Tarifa

3 x Teachers in 2 x private cabins

Meals – none provided

Transport to Tarifa and return via Bolonia (as per above itinerary)

Whale watching

Spin Out multi beach program (windsurf, paddle surf, surf) *pending sea / wind conditions

1 x Adventurebug Trip Coordinator

Bolonia Roman Ruins Entrances

** Adventurebug Risk Management Documentation*

** Insurances - Public Liability and Accident Insurance per participant*

** Licensing for public use in Natural Parks*



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SAFETY EMERGENCY PROCEDURES

The information below is to assist teacher leaders and monitors with managing risk and potential hazards on our trips. It also offers practical advice in the event of emergencies and provides a resource base of contact numbers to rescue personal. In the event of any emergency it's important to stay calm, get all the facts and be sure that you and the other children are safe and accounted for.

Recommendations for Safe Practice on School Adventure Trips:

1. Ensure a **FIRST AID** kit is carried on all days (Adventurebug will always have one)
2. Teachers and Activity Monitors set safety boundaries for children and give warning to any possible hazards including weather patterns, terrain, wildlife, road hazards, public areas and any items of nature that could be a danger.
3. Communication system in place between groups and their supervising leaders and teachers – exchange mobile phone numbers and have a central meeting point each day that everybody is familiar with.
4. Always watch out for one's personal safety in areas of outdoor pursuits and double check on fellow peers when doing activities.
5. Keep within boundaries and respect monitor's judgement and authority.
6. Ensure that an escape route / plan is in place and / or provisions for repatriating an injured or sick from an activity site.
7. Respect all safety equipment and installations.

In the event of any accident or serious illness scenario:

If working with the Adventurebug monitors on activities – tell them what has happened and they will launch their own emergency procedures. If not: Provide any necessary First Aid to casualty & call in further Emergency Services if necessary. Our first line of assistance is:

Medical services – call Euro emergency number 112

Rescue services – call Guardia Civil 062

Criminal scenario – call Guardia Civil 062

Adventurebug (Matt Butler) 635 817 819 (Julie Butler 692 451 362) (Office) 952 894 308

Ensure the rest of group is together and not in any danger If hospital services required, 1 staff member and then appropriate a parent or guardian, accompany patient to hospital. **INSURANCE AND REGISTRATION FOR A PATIENT.** Adventurebug has an internal medical emergency policy to speedily register with the Spanish National Health Service. Our insurance policy (and because they are minor in age), ensures they get prompt treatment from emergency services care. **PLEASE HAVE A DOCUMENT WITH THE STUDENTS NAME, ADDRESS AND FAMILY DETAILS** available! Ensure a Spanish speaker is present (*teacher or designated adult preferred*). Based on severity of incident, decide how to best carry on activity session with group.

In the event of a lost person:

1. Ensure all other members of group are accounted for first.
2. Get as much information regarding location person last was seen.
3. Contact supervising monitor to advise.
4. Follow instructions of supervisor.
5. Keep rest of group in one place under adult supervision.
6. Should person not be found within 20 min / and depending on environment / call emergency services (Guardia Civil) for support.

Note – this information is a guideline only and Adventurebug cannot be held responsible for the handlings and procedures – including outcomes of emergency responses as every scenario is unique and requires specialized attention – we will however do our absolute best to provide the highest "Duty of Care" to any person involved in our programs.