



Adventurebug Worldwide Ltd

Bespoke adventure travel & events since 2000

REAT Tourism License AT/MA/00022 Company Registration B93050763
 Apto. Correos 1031, 29680 Estepona, Malaga, SPAIN TEL (34) 635 817 819



3 Day El Chorro Active Trip

Adventurebug is pleased to offer our fully inclusive, 3 day activity trip to El Chorro. A fantastic natural area with lakes, pine forests and mountains. It is sparsely populated by humans and has a special feel about it. It is also a safe area to conduct such programs and the purpose-made hostel / camping area suits school groups for its high level of security, affordability and access to the natural areas. Adventurebug has been active over 20 years delivering professional school

excursions. This program focuses on the following themes:

1. **Social and Team Oriented dynamics**
2. **Outdoor Pursuits fun and Environmental Awareness**

The emphasis of Adventurebug trips is to encourage children to try new challenges in light of their life experiences, course work and perspective of the planet and our role in it. All activities are designed for equal participation and no previous experience is necessary.

The results of these activities will encourage TeamWork, Communication, Interdependence and to instill confidence and task solving at a much higher level than normal. We also employ a safety protocol, emergency escape plan and Risk Assessment Study for all our trips.

Risk Assessment				
Severity	Disaster	High	Medium	Minimal
Probability	Critical	Critical	High	Medium
Regularly	Critical	High	Medium	Low
Probable	Critical	High	Medium	Low
Occasional	High	Medium	Medium	Low
Barely	High	Medium	Low	Low

ACCOMMODATION & MEALS

Our lodging is in a purpose made school hostel of bungalows (located within an official campsite) 40 minutes from the lake recreation area. This beautiful natural park is gated with security and offers fantastic activity facilities for groups.

Meals are simple, nourishing and prepared for the activities in mind – all meals are taken in the camp site restaurant itself – which is very organized and productive for our operations.

TRANSPORT

The trip price includes an **authorized bus company** that has a school placard and of course seat belts.

ITINERARY

09:30 am Depart School by private bus for El Chorro
(bring pack lunch, water and wear clothes & shoes ready to be active in) Please note – to save TIME and difficulty with changing, be sure the students come prepared!

11:30 pm Group arrival to site (Ardales Park - lakeside, El Chorro), where the Adventurebug team will greet you. Toilet and refreshment break.

a) Introductions and Safety Orientation. Discuss:

1. Boundaries / do's and don'ts
2. Safety / protocol
3. Itinerary / objectives





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- 12:30 – 16:30 **Lakeside & Forest Adventures**
*This session involves a rotation of fun, interactive outdoor based activities including kayak, raft building, a guided nature discovery trek and team building games and more. We'll have a full day on site here and take part in our curricular educational themes as well. Picnic lunch in the forest at the activity site. *participants must bring a packed lunch on this first day.*
- 17:00 45 min coach transfer to site of hostel (Camping La Sierrecilla), arrival / settle in / boundaries followed by free time and supervised time in swimming pool.
- 20:00 Dinner in the private hostel covered area (cantina)
- 21:00 Evening 'Interactive' program with Adventurebug leaders (Gymkana Challenge!)
- 22:30 Final debriefing before free time / pre sleep time. Lights out (at discretion of teacher supervisors)

Day 2 Multi Activity Rotations

- 07:45 Wake up / Nature Guided Visualization and Mindfulness / breakfast at hostel
- 09:00 Assemble for morning activities / briefing & orientation
- 09:30- 16:30 **Multi Adventure and Curricular Program Day at Hostel**
Today we have a fun day of challenges, problem solving and multi activity rotations such as wall climbing, high access bridges, target shooting, adventure craft workshops, pool time and more. Focus can also be on the areas of the IPC Units currently studied in year 6. This is a full day on site of our adventure center at Sierrecilla.
- 13:00-14:00 LUNCH on site / social time / recreation & possible swim (supervised)
- 17:30 Finalization of activities leading to Social time, rest and free sport activities
- 18:00 Easy natural history hike of the region (1 hour)
- 20:00 Dinner in hostel cantina
- 21:00 Evening 'Interactive' program with Adventurebug leaders
- 22:30 Final debriefing before free time / pre sleep time.
- 23:00 Lights out

Day 3 Wolf Sanctuary / Eco Project

- 07:45 Wake up / Breakfast in hostel cantina
- 08:45 Pack up / tidy camp – hostel / departure 0900
- 09:30- 13:00 **VISIT TO LOBO PARK WOLF CENTER, Antequerra**
Transfer to the famous Lobo Park for our new guided, interpretive program that engages kids in a personally designed educational programme focusing on animals.
- 13:00-14:00 LUNCH on site. (supplied)
Final debriefing / Closing of program and departure.
- 15:00 Return to School by private bus shuttle / arrival maximum 15:30 pm





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SAFETY EMERGENCY PROCEDURES

The information below is to assist teacher leaders and monitors with managing risk and potential hazards on our trips. It also offers practical advice in the event of emergencies and provides a resource base of contact numbers to rescue personal. In the event of any emergency it's important to stay calm, get all the facts and be sure that you and the other children are safe and accounted for.

Recommendations for Safe Practice on School Adventure Trips:

1. Ensure a **FIRST AID** kit is carried on all days (Adventurebug will always have one)
2. Teachers and Activity Monitors set safety boundaries for children and give warning to any possible hazards including weather patterns, terrain, wildlife, road hazards, public areas and any items of nature that could be a danger.
3. Communication system in place between groups and their supervising leaders and teachers – exchange mobile phone numbers and have a central meeting point each day that everybody is familiar with.
4. Always watch out for one's personal safety in areas of outdoor pursuits and double check on fellow peers when doing activities.
5. Keep within boundaries and respect monitor's judgement and authority.
6. Ensure that an escape route / plan is in place and / or provisions for repatriating an injured or sick from an activity site.
7. Respect all safety equipment and installations.

In the event of any accident or serious illness scenario:

If working with the Adventurebug monitors on activities – tell them what has happened and they will launch their own emergency procedures. If not: Provide any necessary First Aid to casualty & call in further Emergency Services if necessary. Our first line of assistance is:

Medical services – call Euro emergency number 112

Rescue services – call Guardia Civil 062

Criminal scenario – call Guardia Civil 062

Adventurebug (Matt Butler) 635 817 819 (Julie Butler 692 451 362) (Office) 952 894 308

Ensure the rest of group is together and not in any danger. If hospital services required, 1 staff member and then appropriate a parent or guardian, accompany patient to hospital. **INSURANCE AND REGISTRATION FOR A PATIENT.** Adventurebug has an internal medical emergency policy to speedily register with the Spanish National Health Service. Our insurance policy (and because they are minor in age), ensures they get prompt treatment from emergency services care. **PLEASE HAVE A DOCUMENT WITH THE STUDENTS NAME, ADDRESS AND FAMILY DETAILS available!** Ensure a Spanish speaker is present (*teacher or designated adult preferred*). Based on severity of incident, decide how to best carry on activity session with group.

In the event of a lost person:

1. Ensure all other members of group are accounted for first.
2. Get as much information regarding location person last was seen.
3. Contact supervising monitor to advise.
4. Follow instructions of supervisor.
5. Keep rest of group in one place under adult supervision.
6. Should person not be found within 20 min / and depending on environment / call emergency services (Guardia Civil) for support.

Note – this information is a guideline only and Adventurebug cannot be held responsible for the handlings and procedures – including outcomes of emergency responses as every scenario is unique and requires specialized attention – we will however do our absolute best to provide the highest "Duty of Care" to any person involved in our programs.

