



Adventurebug Worldwide Ltd

Bespoke adventure travel & events since 2000

REAT Tourism License AT/MA/00022 Company Registration B93050763
Apto. Correos 1031, 29680 Estepona, Malaga, SPAIN TEL (34) 635 817 819



3 Day - Cordoba and the Sierra Morena

Cordoba is where world religions came together. It's also home to superb music, arts, architecture, gastronomy and history that is fascinating for all ages. Our Cordoba travel program is comprehensive and interesting for students. We experience a wildlife conservation center; take in Cordoba city highlights and have an adventure day in the rural village of Benamej.

Day 1 ENVIRONMENTAL

AWARENESS - Coach transfer to LOBO PARK,

the famous wolf sanctuary located in the Antequera mountains. Here biologists lead the group in a 2 hour educational program. After, we drive to Cordoba (1.5 hours), and check into our hostel in the city center.

- 0900 Departure by coach from School / break stop on route. Please bring packed lunch for day 1
- 1130 Arrive to Lobo Park wolf sanctuary – attend the 2 hour educational workshop with biologists.
- 1500 Depart Lobo Park for Cordoba city. Arrival to hostel with check in and orientation time.
- 1800 Guided orientation walk including the Roman Bridge – Guadalquivir River and more.
- 2000 Dinner in hostel followed by social activity games with Adventurebug.

Day 2 CULTURAL CORDOBA & WATERPARK – This morning we visit the magnificent Juderia quarter of Cordoba including entrances to the *Mezquita Mosque* and *Cathedral*. We also make a visit to the *Zocos* (traditional markets). After lunch we cool off in Cordoba's Aqua Sierra Waterpark. Breakfast, lunch and Dinner included. Our evening program includes light *Team Building Challenges* & social games with your Adventurebug Leader.

- 0800 Breakfast in hostel
- 0900 Guided visits of the famous Cathedral Mosque and tour the Jewish quarter and Zoco markets.
- 1200 Lunch at the hostel
- 1300 Load bus and departure to Aqua Sierra Waterpark (15 min), where we spend the rest of the afternoon in refreshing water play!
- 1800 Free time for exploration and shopping in small groups in the region of the hostel area.
- 2000 Dinner in Hostel followed by evening games and challenges led by Adventurebug

Day 3 MULTI ADVENTURE BENAMEJI – Morning transfer 1 hr 20 min followed by Multi Activity Day in the region of *Benameji* village, Cordoba. Activities include small group rotations of: *Rock Climbing, Abseiling, Archery* and (*pending water levels*) *Stand up Paddle or Rafting expedition in the Rio Genil*. Breakfast and Picnic Lunch included.

- 0800 Breakfast in hostel
- 0845 Load bus and depart for Benameji village (Cordoba Province 1hr 20 min transfer)
- 1100 Begin adventure activities in Benameji / small group rotations of each activity. Lunch included
- 1530 Completion of Adventure program and departure for bus. Return journey to School.

Coach company is fully licensed (with school placard) and all seats have seatbelts

Please note, itinerary and provision of activities subject to alternation pending weather and other factors



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SAFETY EMERGENCY PROCEDURES

The information below is to assist teacher leaders and monitors with managing risk and potential hazards on our trips. It also offers practical advice in the event of emergencies and provides a resource base of contact numbers to rescue personnel. In the event of any emergency it's important to stay calm, get all the facts and be sure that you and the other children are safe and accounted for.

Recommendations for Safe Practice on School Adventure Trips:

1. Ensure a **FIRST AID** kit is carried on all days (Adventurebug will always have one)
2. Teachers and Activity Monitors set safety boundaries for children and give warning to any possible hazards including weather patterns, terrain, wildlife, road hazards, public areas and any items of nature that could be a danger.
3. Communication system in place between groups and their supervising leaders and teachers – exchange mobile phone numbers and have a central meeting point each day that everybody is familiar with.
4. Always watch out for one's personal safety in areas of outdoor pursuits and double check on fellow peers when doing activities.
5. Keep within boundaries and respect monitor's judgement and authority.
6. Ensure that an escape route / plan is in place and / or provisions for repatriating an injured or sick from an activity site.
7. Respect all safety equipment and installations.

In the event of any accident or serious illness scenario:

If working with the Adventurebug monitors on activities – tell them what has happened and they will launch their own emergency procedures. If not: Provide any necessary First Aid to casualty & call in further Emergency Services if necessary. Our first line of assistance is:

Medical services – call Euro emergency number 112

Rescue services – call Guardia Civil 062

Criminal scenario – call Guardia Civil 062

Adventurebug (Matt Butler) 635 817 819 (Julie Butler 692 451 362) (Office) 952 894 308

Ensure the rest of group is together and not in any danger. If hospital services required, 1 staff member and then appropriate a parent or guardian, accompany patient to hospital. **INSURANCE AND REGISTRATION FOR A PATIENT.** Adventurebug has an internal medical emergency policy to speedily register with the Spanish National Health Service. Our insurance policy (and because they are minor in age), ensures they get prompt treatment from emergency services care. **PLEASE HAVE A DOCUMENT WITH THE STUDENTS NAME, ADDRESS AND FAMILY DETAILS** available! Ensure a Spanish speaker is present (*teacher or designated adult preferred*). Based on severity of incident, decide how to best carry on activity session with group.

In the event of a lost person:

1. Ensure all other members of group are accounted for first.
2. Get as much information regarding location person last was seen.
3. Contact supervising monitor to advise.
4. Follow instructions of supervisor.
5. Keep rest of group in one place under adult supervision.
6. Should person not be found within 20 min / and depending on environment / call emergency services (Guardia Civil) for support.

Note – this information is a guideline only and Adventurebug cannot be held responsible for the handlings and procedures – including outcomes of emergency responses as every scenario is unique and requires specialized attention – we will however do our absolute best to provide the highest "Duty of Care" to any person involved in our programs.

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