



## Adventurebug Worldwide Ltd

Bespoke adventure travel & events since 2000

REAT Tourism License AT/MA/00022 Company Registration B93050763  
Apto. Correos 1031, 29680 Estepona, Malaga, SPAIN TEL (34) 635 817 819

## 2 Day Excursion Surf & Survival Skills Workshop



*This trip is designed to inspire and positively challenge enhance your pupils' and teachers with a series of activities and scenarios. The excursion focuses on the fun of **Learning to Surf** with the skills of **Wilderness Survival & Bushcraft!** Pupils will experience a range of practical applications and real-life scenarios plus come away with the confidence of trying (and usually), learning to Surf!*

*Based out of El Palmar, Southern Spain, we utilize the dunes and forested mountainsides to practice our survival skills and take advantage of Europe's best learning site for surfing! Our home-grown Surf / Survival Safari offers kids a chance to sleep in tents for one night or use our cozy bungalows in a great campsite! All meals*

*are provided by our camping services – or, part of the meals can be planned and prepared by the students themselves! We focus on social interaction, cultural understanding & emotional awareness in an environment away from home and school. Our activities encourage Teamwork and enhance communication, inter-dependence and to instill confidence and task solving at a much higher level than normal.*

*All activities are led by professionally trained monitors who lead student travel programs and outdoor pursuits. Adventurebug S.L. is a licensed and insured Spanish adventure company & Travel Agency. We hold all required insurance policies and employ a safety protocol, emergency escape plan and Risk Assessment study for all our trips. Adventurebug has been active for over 20 years operating adventure trips for both local and International schools as well as a host of international charities, corporate entities and travel companies worldwide.*

### ITINERARY - DAY 1

#### Depart School for El Palmar in Cadiz Province

*Our bus service includes seat belts for all passengers and school service placard. Please bring pack lunches and wear clothes and outdoor shoes ready to be active in! Snack and restroom break provided on route.*

- 0900 Depart school or hotel base in private authorized bus for school groups  
Visit Cape Trafalgar (site of Lord Nelson's final battle), at Canos de Meca. Here we break into small teams and carry out survival and bushcraft skills that involve:  
*Hunting tool designs, shelter building, water collection, fire building, navigation, rescue scenarios and more!* This epic day of wilderness fun has kids working in teams striving to accomplish tasks under a scenario.  
Lunch can be eaten in the wild followed by a visit to the beach for a possible SUPERVISED swim (if sea conditions are safe)
- 1700 Head to camp (Camping El Palmar), and set up tents – preparing the camp. Free time can be monitored pool swim time and an evening SEARCH & RESCUE program with Adventurebug. Dinner at restaurant in campsite.





## Adventurebug Worldwide Ltd

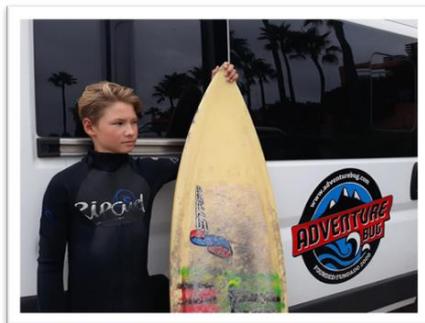
Bespoke adventure travel & events since 2000

REAT Tourism License AT/MA/00022 Company Registration B93050763  
Apto. Correos 1031, 29680 Estepona, Malaga, SPAIN TEL (34) 635 817 819

### ITINERARY - DAY 2

#### El Palmar Surf Safari Day

This morning we'll slip into wetsuits and measure up boards for an introductory surf session (2 hours per group), with our qualified monitors. A full day of surf instruction & Beach Olympic challenges that will inspire all! We are serious about safety and pupils are closely monitored in the surf by their instructors. The ratio is always 1 monitor to 8 students and our pupils must wear the provide bright vest during class. The location offers low level surf with a long, flat sandy beach holding few obstacles. Adventurebug has surfed and worked from this beach location for over 20 years!



0900 Break camp, pack up and breakfast  
Morning team build warm up program with Adventurebug at Camping El Palmar  
1000 Walk to the surf beach (15 min), and meet our surf instructors. Group is normally divided into 2 with the surf group heading out and the beach group taking part in a wide-range of activities such as mini power kite flying, tug-o-wars, beach Olympics, relay races, sand sculpture contests and more!  
1300 Packed Lunch at beach and change over between groups  
1630 Depart for home base – arrival depending on travel time. Breakfast and Lunch included today.

#### TRANSPORT & SUPPORT

Your trip price includes an **authorized bus company** that has a school placard and of course seat belts. The buses are modern and up to date with current traffic safety laws. Adventurebug also has a 24-hour experienced monitor present on all school trips.

#### General Kit List

- Small day backpack for carrying lunch, water, sun protection, etc.
- Sleeping bag (2 season) and sleeping mat (optional) **TENTS ARE PROVIDED**
- Loose fitting clothes
- Trainers or walking shoes
- Jumper for evening time
- Swimming costume and towel for beach & pool in campsite
- Personal toiletries and wash / shower towel
- Sun protection cream
- Hat and Sunglasses
- Rain poncho (only if rain is on forecast)
- Other (optional) torch, binoculars, notepad, pencil, flip flops for camp
- No technical equipment or clothing necessary to buy

#### PRE TRIP PREPARATIONS

To enhance the experience for the pupils, we recommend you do some research on the following topics: *Parque Natural Estrecho and Alcornocales / Canos de Meca, Cape Trafalgar, Surfing and aspects of Wilderness Survival.*





# Adventurebug Worldwide Ltd

Bespoke adventure travel & events since 2000

REAT Tourism License AT/MA/00022 Company Registration B93050763  
Apto. Correos 1031, 29680 Estepona, Malaga, SPAIN TEL (34) 635 817 819



## EMERGENCY CONTACTS

For more information about Adventurebug:

[www.adventurebug.com](http://www.adventurebug.com) [info@adventurebug.com](mailto:info@adventurebug.com)

### ADVENTUREBUG S.L.

Apartado Correos 1031

29680, Estepona, Malaga, SPAIN

Adventurebug Office 34 952 894 308

Adventurebug (24 hour) 34 692 451 362

Mobile 34 635 817 819

## About our Programs (Adventurebug S.L.)

### ALL INCLUSIVENESS

We look after every aspect of your group's tour. We set out to make your life easy as we handle all bookings, logistics, route planning, meals, lodgings, activities, etc. Our experience as teachers and Adventure Leaders has taught us to provide a package that **INCLUDES EVERYTHING**. In the course of delivering your program we will come to the school and meet the children, staff and parents in orientation sessions. You will also get information from us with the itinerary, what to bring, what to expect and how to prepare yourself and the children for the experience.

### GUIDES AND MONITORS

Adventurebug's team will personally manage all trips. Their role is to oversee the logistics of the trip; the flow of activities and to ensure everything is in place. They will also coordinate evening programs and ensure the children have a balanced ratio between activity / rest / social time. Where required, Adventurebug hires local (licensed), Spanish guiding firms to assist with the delivery of their specialized activities.

### TEACHING STAFF VOLUNTEERS

Adventurebug is highly indebted to the teacher volunteers on our trips. Teachers play a crucial role in the pastoral / disciplinary care of the children as well as being the drive behind time keeping and ensuring children are prepared for activities. Provisions are made for teachers to participate equally amongst the children and we encourage you to get stuck into everything as this leaves a positive impression on your pupils!

### ACCOMMODATION & MEALS

All lodgings (Bungalows of Camping Paloma), are licensed, insured and meet Government safety standards and fire regulations. They are purpose built with en-suite bathrooms and bungalows are gender separated. There is 24-hour security in the facility, which is also gated and Adventurebug and the teachers see that safety and security needs are met. The children are never left alone nor left to stay in bungalows alone or far from the supervisor's rooms. The swimming pool is used **ONLY** under our supervision and after hours it is locked. Meals are nourishing and prepared for the activities in mind. Our facility has open air spaces, games areas and sport facilities on site.

### TRANSPORT

We organize all your transport logistics with licensed and insured bus transport companies that comply with Government standards of safety and professionalism. Teachers will not be expected to drive or take personal transport on any of the trips unless convenient for them to do so. All buses have mandatory seat belts to meet our own school excursion policy.

### SAFETY & INSURANCE

Adventurebug S.L. is a licensed and insured Spanish adventure company. Our registered License is AT/MA/00022 and our Limited Company number is B93050763. We hold the two required insurance policies that cover every child / teacher for all activities we offer. We also employ a safety protocol, emergency escape plan and Risk Assessment Study for every excursion we offer. Due to the nature of this form of travel, mishaps and accidents can possibly happen. We believe that our steps to manage these risks are vital and we endeavour to do our very best should an incident arise.

*Adventurebug holds all obligatory insurance policies for school programs. These policies include: (Accident Assistance) and (Civil Responsibility).*





## Adventurebug Worldwide Ltd

Bespoke adventure travel & events since 2000

REAT Tourism License AT/MA/00022 Company Registration B93050763  
Apto. Correos 1031, 29680 Estepona, Malaga, SPAIN TEL (34) 635 817 819

### SAFETY EMERGENCY PROCEDURES

The information below is to assist teacher leaders and monitors with managing risk and potential hazards on our trips. It also offers practical advice in the event of emergencies and provides a resource base of contact numbers to rescue personal. In the event of any emergency it's important to stay calm, get all the facts and be sure that you and the other children are safe and accounted for.

#### Recommendations for Safe Practice on School Adventure Trips:

1. Ensure a **FIRST AID** kit is carried on all days (Adventurebug will always have one)
2. Teachers and Activity Monitors set safety boundaries for children and give warning to any possible hazards including weather patterns, terrain, wildlife, road hazards, public areas and any items of nature that could be a danger.
3. Communication system in place between groups and their supervising leaders and teachers – exchange mobile phone numbers and have a central meeting point each day that everybody is familiar with.
4. Always watch out for one's personal safety in areas of outdoor pursuits and double check on fellow peers when doing activities.
5. Keep within boundaries and respect monitor's judgement and authority.
6. Ensure that an escape route / plan is in place and / or provisions for repatriating an injured or sick from an activity site.
7. Respect all safety equipment and installations.

#### In the event of any accident or serious illness scenario:

If working with the Adventurebug monitors on activities – tell them what has happened and they will launch their own emergency procedures. If not: Provide any necessary First Aid to casualty & call in further Emergency Services if necessary. Our first line of assistance is:

Medical services – call Euro emergency number 112

Rescue services – call Guardia Civil 062

Criminal scenario – call Guardia Civil 062

Adventurebug (Matt Butler) 635 817 819 (Julie Butler 692 451 362) (Office) 952 894 308

Ensure the rest of group is together and not in any danger If hospital services required, 1 staff member and then appropriate a parent or guardian, accompany patient to hospital. **INSURANCE AND REGISTRATION FOR A PATIENT.** Adventurebug has an internal medical emergency policy to speedily register with the Spanish National Health Service. Our insurance policy (and because they are minor in age), ensures they get prompt treatment from emergency services care. **PLEASE HAVE A DOCUMENT WITH THE STUDENTS NAME, ADDRESS AND FAMILY DETAILS available!** Ensure a Spanish speaker is present (*teacher or designated adult preferred*). Based on severity of incident, decide how to best carry on activity session with group.

#### In the event of a lost person:

1. Ensure all other members of group are accounted for first.
2. Get as much information regarding location person last was seen.
3. Contact supervising monitor to advise.
4. Follow instructions of supervisor.
5. Keep rest of group in one place under adult supervision.
6. Should person not be found within 20 min / and depending on environment / call emergency services (Guardia Civil) for support.

Note – this information is a guideline only and Adventurebug cannot be held responsible for the handlings and procedures – including outcomes of emergency responses as every scenario is unique and requires specialized attention – we will however do our absolute best to provide the highest "Duty of Care" to any person involved in our programs.

