



Adventurebug Worldwide Ltd

Bespoke adventure travel & events since 2000

REAT Tourism License AT/MA/00022 Company Registration B93050763
Apto. Correos 1031, 29680 Estepona, Malaga, SPAIN TEL (34) 635 817 819



2 Day – Tarifa Multi Activity: Ocean Sports and Bolonia Coast

This excursion focuses on sea-based multi adventures such as windsurf, paddle surf and beach based team build Olympics. On the second day, the group will trek the beautiful and rugged coast from Punta Paloma to Bolonia. It's a fun adventure for older students and we stay in Camping Paloma's bungalows which brings the group back to nature with the ocean close by. As a further challenge, students will have to purchase ingredients and prepare their own dinners!

Day 1 OCEAN ADVENTURES & TEAM BUILDING - Coach transfer to *Tarifa*. We start by Shopping for dinner provisions in small groups (cabin groups), followed by an afternoon of multi adventure on the beach at Valdavequeros. This evening the group will prepare their own dinners in cabins with kitchens provided.

0900 Departure by coach from school for Tarifa pueblo. Purchase dinner items in local shops. School pack lunch included.

1100 Spin Out Adventures where we do Windsurf, Paddle Surf and Beach Olympics in group rotations.

2000 Evening program in cabins / preparing dinners.

2230 End of program for the day.

NOTE – a school lunch must be brought for day 1

Day 2 COASTAL TREKKING CHALLENGE – This morning after a series of team challenges, the group embarks on a trek to Bolonia via the Punta Paloma coast. Expect opportunities to cool off in the sea. The hike is beach based but many sections of rocks, boulders and dune climbing are required. Sun protection and trainers are required...

0830 Breakfast in Camping Restaurant

0930 Load materials into storage at Camping Paloma. Wake up team building challenges before setting off on the trek to Bolonia. Hikers must be prepared to carry lunch, wear trainers and have good sun protection and optional swim wear and towel.

1530 Completion of hike and return journey approximately 1.5 hours with services break on route. Baggage must be collected from Camping Paloma on the return.

1730 Approximate LATEST arrival time to school.

NOTE – breakfast and lunch are provided by the camping restaurant today.

TEACHER RESOURCES / PRE-TRIP RESEARCH INFORMATION

Investigate links to Natural Parks: Alcornocales and Parque del Estrecho

Natural Park of the Straits:

<http://www.juntadeandalucia.es/medioambiente/servtc5/ventana/mostrarFicha.do?idEspacio=14076&lq=EN>

Coach company is fully licensed (with school placard) and all seats have seatbelts

Please note, itinerary and provision of activities subject to alternation pending weather and other factors



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SAFETY EMERGENCY PROCEDURES

The information below is to assist teacher leaders and monitors with managing risk and potential hazards on our trips. It also offers practical advice in the event of emergencies and provides a resource base of contact numbers to rescue personnel. In the event of any emergency it's important to stay calm, get all the facts and be sure that you and the other children are safe and accounted for.

Recommendations for Safe Practice on School Adventure Trips:

1. Ensure a **FIRST AID** kit is carried on all days (Adventurebug will always have one)
2. Teachers and Activity Monitors set safety boundaries for children and give warning to any possible hazards including weather patterns, terrain, wildlife, road hazards, public areas and any items of nature that could be a danger.
3. Communication system in place between groups and their supervising leaders and teachers – exchange mobile phone numbers and have a central meeting point each day that everybody is familiar with.
4. Always watch out for one's personal safety in areas of outdoor pursuits and double check on fellow peers when doing activities.
5. Keep within boundaries and respect monitor's judgement and authority.
6. Ensure that an escape route / plan is in place and / or provisions for repatriating an injured or sick from an activity site.
7. Respect all safety equipment and installations.

In the event of any accident or serious illness scenario:

If working with the Adventurebug monitors on activities – tell them what has happened and they will launch their own emergency procedures. If not: Provide any necessary First Aid to casualty & call in further Emergency Services if necessary. Our first line of assistance is:

Medical services – call Euro emergency number 112

Rescue services – call Guardia Civil 062

Criminal scenario – call Guardia Civil 062

Adventurebug (Matt Butler) 635 817 819 (Julie Butler 692 451 362) (Office) 952 894 308

Ensure the rest of group is together and not in any danger. If hospital services required, 1 staff member and then appropriate a parent or guardian, accompany patient to hospital. **INSURANCE AND REGISTRATION FOR A PATIENT.** Adventurebug has an internal medical emergency policy to speedily register with the Spanish National Health Service. Our insurance policy (and because they are minor in age), ensures they get prompt treatment from emergency services care. **PLEASE HAVE A DOCUMENT WITH THE STUDENTS NAME, ADDRESS AND FAMILY DETAILS** available! Ensure a Spanish speaker is present (*teacher or designated adult preferred*). Based on severity of incident, decide how to best carry on activity session with group.

In the event of a lost person:

1. Ensure all other members of group are accounted for first.
2. Get as much information regarding location person last was seen.
3. Contact supervising monitor to advise.
4. Follow instructions of supervisor.
5. Keep rest of group in one place under adult supervision.
6. Should person not be found within 20 min / and depending on environment / call emergency services (Guardia Civil) for support.

Note – this information is a guideline only and Adventurebug cannot be held responsible for the handlings and procedures – including outcomes of emergency responses as every scenario is unique and requires specialized attention – we will however do our absolute best to provide the highest "Duty of Care" to any person involved in our programs.

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